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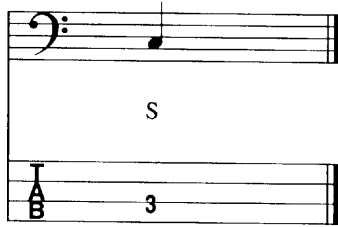
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Section A

Thumb Slap (S)



Slap the string with the side of the thumb.



Part 1 *Exercises to develop the thumb slap technique*

Part 2 *Patterns using the thumb slap technique*

PART ONE Exercises to develop the thumb slap technique

Exercise 1

Exercise 1 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains a sequence of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1. The bottom staff is in treble clef and contains a sequence of whole notes: G4, F4, E4, D4, C4, B3, A3, G3. The exercise is marked with a 'S' (thumb slap) above the first and fifth notes of the top staff.

Exercise 2

Exercise 2 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains a sequence of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1. The bottom staff is in treble clef and contains a sequence of whole notes: G4, F4, E4, D4, C4, B3, A3, G3. The exercise is marked with a 'S' (thumb slap) above the first and fifth notes of the top staff.

Exercise 3

Exercise 3 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains a sequence of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1. The bottom staff is in treble clef and contains a sequence of whole notes: G4, F4, E4, D4, C4, B3, A3, G3. The exercise is marked with a 'S' (thumb slap) above the first and fifth notes of the top staff.

Exercise 4

Exercise 4 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains a sequence of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1. The bottom staff is in treble clef and contains a sequence of whole notes: G4, F4, E4, D4, C4, B3, A3, G3. The exercise is marked with a 'S' (thumb slap) above the first and fifth notes of the top staff.

Exercise 5

Exercise 5 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains a sequence of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1. The bottom staff is in treble clef and contains a sequence of whole notes: G4, F4, E4, D4, C4, B3, A3, G3. The exercise is marked with a 'S' (thumb slap) above the first and fifth notes of the top staff.

Exercise 6

Exercise 6 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains a sequence of eighth notes: G2, F2, E2, D2, C2, B1, A1, G1. The bottom staff is in treble clef and contains a sequence of whole notes: G4, F4, E4, D4, C4, B3, A3, G3. The exercise is marked with a 'S' (thumb slap) above the first and fifth notes of the top staff.

Exercise 7

Exercise 7 is a musical exercise in 4/4 time, written in bass clef. The melody consists of two measures. The first measure contains a sequence of eighth notes: G2, A2, B2, C3, D3, E3, F3, G3. The second measure contains: A2, B2, C3, D3, E3, F3, G3, A3. The key signature has one flat (Bb). Below the staff, the fingering is indicated by numbers 1-5. The first measure has fingering: 3, 5, 3, 5, 3, 5, 3, 5. The second measure has fingering: 3, 6, 5, 5, 4, 6. The letters 'S' are placed below the first and fifth notes of each measure.

Exercise 8

Exercise 8 is a musical exercise in 4/4 time, written in bass clef. The melody consists of two measures. The first measure contains a sequence of eighth notes: G2, A2, B2, C3, D3, E3, F3, G3. The second measure contains: A2, B2, C3, D3, E3, F3, G3, A3. The key signature has one flat (Bb). Below the staff, the fingering is indicated by numbers 1-5. The first measure has fingering: 3, 3, 3, 5, 3, 3, 3, 5. The second measure has fingering: 3, 3, 3, 8, 6, 5, 5, 5. The letters 'S' are placed below the first and fifth notes of each measure.

Exercise 9

Exercise 9 is a musical exercise in 4/4 time, written in bass clef. The melody consists of two measures. The first measure contains a sequence of eighth notes: G2, A2, B2, C3, D3, E3, F3, G3. The second measure contains: A2, B2, C3, D3, E3, F3, G3, A3. The key signature has one flat (Bb). Below the staff, the fingering is indicated by numbers 1-5. The first measure has fingering: 3, 3, 3, 5, 3, 3. The second measure has fingering: 3, 3, 3, 6, 8, 5, 7, 6. The letters 'S' are placed below the first and fifth notes of each measure.

PART TWO

Patterns using the thumb slap technique

Pattern 1 6 Drumbeat 1 84

A

Pattern 2 7 Drumbeat 1 84

E

Pattern 3 8 Drumbeat 2 85

G

Pattern 4 9 Drumbeat 1 84

C

Pattern 5 10 Drumbeat 1 84

D

Pattern 6 11 Drumbeat 1 84

E

Pattern 7 **12** Drumbeat 1 **84**

C

S S

Pattern 8 **13** Drumbeat 1 **84**

E

S S

Pattern 9 **14** Drumbeat 4 **87**

Swing Feel (♩ = $\frac{3}{4}$)

Dm Gm

S S

Pattern 10 **15** Drumbeat 4 **87**

Swing Feel (♩ = $\frac{3}{4}$)

Dm Gm

S S 3

Pattern 11 **16** Drumbeat 1 **84**

E D

S S

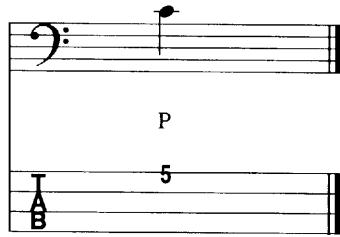
Pattern 12 **17** Drumbeat 1 **84**

E D

S S

Section B

Index Finger Pop (P)



Pop the string with the index finger by pulling it up then releasing it so that it rebounds against the fretboard.



Part 1 *Exercises to develop the index finger pop technique*

Part 2 *Patterns using the index finger pop technique*

PART ONE

Exercises combining the index finger pop and the thumb slap techniques

Exercise 1

Exercise 1 is a 4-measure exercise in 4/4 time. The bass staff contains a sequence of notes: G2, A2, B2, C3, D3, E3, F3, G3. The first two measures are marked with 'S' (index finger pop) and the last two with 'P' (thumb slap). The treble staff shows a constant open string (0) for all four measures.

Exercise 2

Exercise 2 is an 8-measure exercise in 4/4 time. The bass staff contains a sequence of notes: G2, A2, B2, C3, D3, E3, F3, G3, A2, B2, C3, D3, E3, F3, G3. The first four measures are marked with 'S' and the last four with 'P'. The treble staff shows a constant open string (0) for all eight measures.

Exercise 3

Exercise 3 is a 16-measure exercise in 4/4 time. The bass staff contains a sequence of notes: G2, A2, B2, C3, D3, E3, F3, G3, A2, B2, C3, D3, E3, F3, G3, A2, B2, C3, D3, E3, F3, G3. The first eight measures are marked with 'S' and the last eight with 'P'. The treble staff shows a constant open string (0) for all sixteen measures.

Exercise 4

Exercise 4 is an 8-measure exercise in 4/4 time. The bass staff contains a sequence of notes: G2, A2, B2, C3, D3, E3, F3, G3, A2, B2, C3, D3, E3, F3, G3. The first four measures are marked with 'S' and the last four with 'P'. The treble staff shows a constant open string (0) for all eight measures.

Exercise 5

Exercise 5 is an 8-measure exercise in 4/4 time. The bass staff contains a sequence of notes: G2, A2, B2, C3, D3, E3, F3, G3, A2, B2, C3, D3, E3, F3, G3. The first four measures are marked with 'S' and the last four with 'P'. The treble staff shows a constant open string (0) for all eight measures.

Exercise 6

Exercise 6 is an 8-measure exercise in 4/4 time. The bass staff contains a sequence of notes: G2, A2, B2, C3, D3, E3, F3, G3, A2, B2, C3, D3, E3, F3, G3. The first four measures are marked with 'S' and the last four with 'P'. The treble staff shows a constant open string (0) for all eight measures.

Exercise 7

5

5

5

5

5

5

8

7

6

3 3 3

3 3 3

3 3 3

3 3 3

3 3 3

6 6 6

5 5 5

4 4 4

Exercise 8

Musical score for "The Rose Tree" in 4/4 time. The score is written for a single melodic line in bass clef. The melody consists of two phrases, each starting with a whole note followed by a half note, and then a series of eighth notes. The first phrase ends with a repeat sign. The second phrase ends with a repeat sign. The key signature has one flat (B-flat).

The score is written on a single staff. The first phrase is marked with "S P" (Soprano/Piano) and the second phrase is also marked with "S P". The melody is written in bass clef. The first phrase is: G2 (whole), A2 (half), B1 (quarter), A1 (quarter), G1 (quarter), F1 (quarter), E1 (quarter), D1 (quarter). The second phrase is: G2 (whole), A2 (half), B1 (quarter), A1 (quarter), G1 (quarter), F1 (quarter), E1 (quarter), D1 (quarter). The key signature has one flat (B-flat).

The score is written on a single staff. The first phrase is marked with "S P" (Soprano/Piano) and the second phrase is also marked with "S P". The melody is written in bass clef. The first phrase is: G2 (whole), A2 (half), B1 (quarter), A1 (quarter), G1 (quarter), F1 (quarter), E1 (quarter), D1 (quarter). The second phrase is: G2 (whole), A2 (half), B1 (quarter), A1 (quarter), G1 (quarter), F1 (quarter), E1 (quarter), D1 (quarter). The key signature has one flat (B-flat).

Exercise 9

Musical score for "The Rose Tree" in bass clef, 4/4 time. The score includes a melody line with slurs and triplets, and a guitar accompaniment line with fret numbers and strumming patterns. The melody starts on G2, goes up to D4, and then down. The guitar accompaniment is in a simple pattern of eighth and quarter notes.

PART TWO

Patterns combining the index finger pop and the thumb slap techniques

Pattern 13 18 Drumbeat 1 84

Pattern 13 is a 4-measure bass line in 4/4 time, starting on E4 and moving down to D3. The notes are E4, D4, C4, D4, E4, D4, C4, D4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern. The bass line is written in bass clef with a key signature of one flat (Bb). The drumbeat is written in a separate staff with a key signature of one flat (Bb). The notes are E4, D4, C4, D4, E4, D4, C4, D4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern.

Pattern 14 19 Drumbeat 1 84

Pattern 14 is a 4-measure bass line in 4/4 time, starting on C4 and moving down to Bb3. The notes are C4, Bb4, Ab4, Gb4, F4, E4, D4, C4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern. The bass line is written in bass clef with a key signature of two flats (Bb, Eb). The drumbeat is written in a separate staff with a key signature of two flats (Bb, Eb). The notes are C4, Bb4, Ab4, Gb4, F4, E4, D4, C4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern.

Pattern 15 20 Drumbeat 1 84

Pattern 15 is a 4-measure bass line in 4/4 time, starting on E4 and moving down to D3. The notes are E4, D4, C4, D4, E4, D4, C4, D4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern. The bass line is written in bass clef with a key signature of one flat (Bb). The drumbeat is written in a separate staff with a key signature of one flat (Bb). The notes are E4, D4, C4, D4, E4, D4, C4, D4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern.

Pattern 16 21 Drumbeat 1 84

Pattern 16 is a 4-measure bass line in 4/4 time, starting on G4 and moving down to F3. The notes are G4, F4, E4, D4, C4, Bb4, Ab4, Gb4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern. The bass line is written in bass clef with a key signature of two flats (Bb, Eb). The drumbeat is written in a separate staff with a key signature of two flats (Bb, Eb). The notes are G4, F4, E4, D4, C4, Bb4, Ab4, Gb4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern.

Pattern 17 22 Drumbeat 1 84

Pattern 17 is a 4-measure bass line in 4/4 time, starting on A4 and moving down to G3. The notes are A4, G4, F4, E4, D4, C4, Bb4, Ab4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern. The bass line is written in bass clef with a key signature of two flats (Bb, Eb). The drumbeat is written in a separate staff with a key signature of two flats (Bb, Eb). The notes are A4, G4, F4, E4, D4, C4, Bb4, Ab4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern.

Pattern 18 23 Drumbeat 1 84

Pattern 18 is a 4-measure bass line in 4/4 time, starting on Dm4 and moving down to Gm3. The notes are Dm4, Cm4, Bb4, Ab4, Gb4, F4, E4, D4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern. The bass line is written in bass clef with a key signature of two flats (Bb, Eb). The drumbeat is written in a separate staff with a key signature of two flats (Bb, Eb). The notes are Dm4, Cm4, Bb4, Ab4, Gb4, F4, E4, D4. The rhythm is a steady eighth-note pattern. The drumbeat is a simple 1 84 pattern.

Pattern 19 **24** **Drumbeat 1** **84**

C D E G A E

S P S P S P S P S let ring P S

5 7 7 5 7 5 7 5 5 7 9 7 7 7 9

3 5 7 5 7 3 5 0

Pattern 20 **25** **Drumbeat 1** **84**

D C F G

S P S P S P S S P S P S

7 7 7 7 5 5 5 5 3 3 0 1 3

5 5 3 5 5 5 3 3 0 1 3

Pattern 21 **26** **Drumbeat 1** **84**

E A G F#m

P S P S P S P S P S P S

9 9 9 9 7 9 7 7 7 7 5 5 5 3 2

7 7 7 7 7 7 5 5 5 3 2

Pattern 22 **27** **Drumbeat 1** **84**

A C D

S P S P S P S P S P S P S

5 7 5 5 7 5 7 5 7 5 3 3 3 3 5 5 5 5

3 3 7 7 5 7 3 3 3 3 5 5 5 5

Pattern 23 **28** **Drumbeat 1** **84**

D C

S P S P S S P S P S P S P S P

7 5 7 5 5 5 7 5 3 5 3 3 5 6

5 5 7 5 5 7 3 5 3 3 3 5 6

Pattern 24 **29** **Drumbeat 1** **84**

C

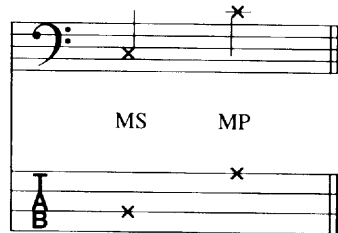
S P P

3 5 3 5 3 5 3 0 7 9

3 5 3 0 7 9

Section C

Muted Slap (MS) and Muted Pop (MP)



Lay the left hand across the strings without depressing them to the fretboard while slapping or popping.



Part 1 *Exercises to develop the muted slap and muted pop techniques*

Part 2 *Patterns using the muted slap and muted pop techniques*

PART ONE

Exercises combining the muted slap and muted pop, with the index finger pop and the thumb slap techniques

Exercise 1

Exercise 1 is a 4-measure exercise in 4/4 time. The bass staff features a sequence of notes: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter), C2 (quarter), B1 (quarter), A1 (quarter), and G1 (quarter). The treble staff has 'x' marks on the first, third, and fifth measures. Labels 'MS' and 'MP' are placed below the first and third measures respectively.

Exercise 2

Exercise 2 is an 8-measure exercise in 4/4 time. The bass staff shows a sequence of notes: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter), C2 (quarter), B1 (quarter), A1 (quarter), and G1 (quarter). The treble staff has 'x' marks on the first, third, and fifth measures. Labels 'MS' and 'MP' are placed below the first and third measures respectively.

Exercise 3

Exercise 3 is a 16-measure exercise in 4/4 time. The bass staff features a sequence of notes: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter), C2 (quarter), B1 (quarter), A1 (quarter), and G1 (quarter). The treble staff has 'x' marks on the first, third, and fifth measures. Labels 'MS' and 'MP' are placed below the first and third measures respectively.

Exercise 4

Exercise 4 is an 8-measure exercise in 4/4 time. The bass staff features a sequence of notes: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter), C2 (quarter), B1 (quarter), A1 (quarter), and G1 (quarter). The treble staff has 'x' marks on the first, third, and fifth measures. Labels 'S', 'P', and 'MS' are placed below the first and third measures respectively.

Exercise 5

Exercise 5 is an 8-measure exercise in 4/4 time. The bass staff features a sequence of notes: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter), C2 (quarter), B1 (quarter), A1 (quarter), and G1 (quarter). The treble staff has 'x' marks on the first, third, and fifth measures. Labels 'S', 'P', and 'MS' are placed below the first and third measures respectively.

Exercise 6

Exercise 6 is an 8-measure exercise in 4/4 time. The bass staff features a sequence of notes: G2 (quarter), F2 (quarter), E2 (quarter), D2 (quarter), C2 (quarter), B1 (quarter), A1 (quarter), and G1 (quarter). The treble staff has 'x' marks on the first, third, and fifth measures. Labels 'S', 'P', and 'MS' are placed below the first and third measures respectively.

Exercise 7

S P MS MP

S P MS MP

Exercise 8

S P MS P

S P MS P

Exercise 9

S P MS P

S P MS P

PART TWO

Patterns combining the muted slap and muted pop, with the index finger pop and the thumb slap techniques

Pattern 25 **30** **Drumbeat 2** **85**

D

S MS S MS S S MS S MS S S

Pattern 26 **31** **Drumbeat 1** **84**

G

S P P MS P S S P P MS S

Pattern 27 **32** **Drumbeat 1** **84**

D

S MS S MS S S MS S MS S P MS

Pattern 28 **33** **Drumbeat 1** **84**

Em

S P S MS S P S P S P S P MS S P

Pattern 29 **34** **Drumbeat 4** **87**

Swing Feel (♩ = ♩³)

D

S MS S MS MP MS S MS S MS MP MS S

Pattern 30 **35** **Drumbeat 4** **87**

Swing Feel (♩ = ♩³)

D

S MS S MS MP MS S MS S MS MP MS P 6 P

Pattern 31 **36** **Drumbeat 2** **85**
Cm

S P S S P S MP MS S

Pattern 32 **37** **Drumbeat 1** **84**
E C#m

S P S MP P MP P S S P S MP P MP P

Pattern 33 **38** **Drumbeat 1** **84**
E D C D

S P MS S P MS MP S P MS S P S P MS S P

Pattern 34 **39** **Drumbeat 1** **84**
E D C

S P MS S P MS MP S P MS P S S P MS S P

Pattern 35 **40** **Drumbeat 1** **84**
E C D

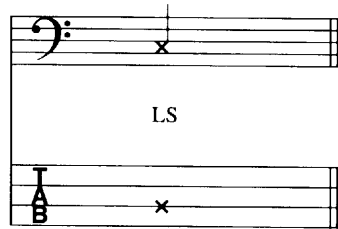
S P MS P S S P MS P S P MS MP S P MS MP

Pattern 36 **41** **Drumbeat 2** **85**
F Bb

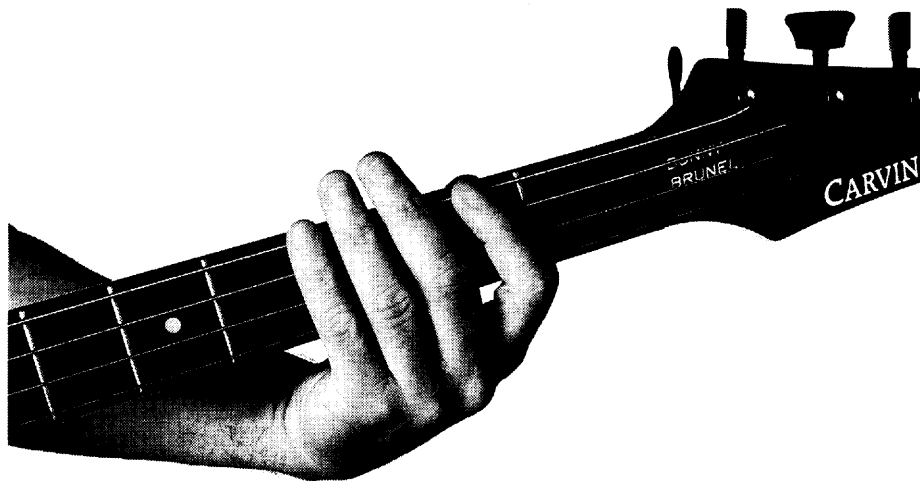
S P MS P MS P MS MP S MP S S P MS P MS P MS MP S MP S MP S

Section D

Left Hand Slap (LS)



Slap the string with the left hand.



Part 1 *Exercises to develop the left hand slap technique*

Part 2 *Patterns using the left hand slap technique*

Part 3 *Exercises to develop the left hand slap technique*

Part 4 *Patterns using the left hand slap technique*

PART ONE

Exercises combining the left hand slap and the thumb slap techniques

Exercise 1

Exercise 1 is a 4-measure exercise in 4/4 time. The top staff is in bass clef with a key signature of one flat (B-flat). It contains two measures of eighth-note patterns. The first measure has a sequence of eighth notes: B-flat, A, G, F, E, D, C, B-flat. The second measure has a sequence: A, G, F, E, D, C, B-flat, A. Slap techniques are indicated by 'S' and 'LS' below the notes. The bottom staff is a single line with a treble clef and a key signature of one flat. It contains two measures of rests, each marked with a '0' and an 'x'.

Exercise 2

Exercise 2 is a 4-measure exercise in 4/4 time. The top staff is in bass clef with a key signature of one flat. It contains two measures of eighth-note patterns. The first measure has a sequence of eighth notes: B-flat, A, G, F, E, D, C, B-flat. The second measure has a sequence: A, G, F, E, D, C, B-flat, A. Slap techniques are indicated by 'S' and 'LS' below the notes. The bottom staff is a single line with a treble clef and a key signature of one flat. It contains two measures of rests, each marked with a '0' and an 'x'.

Exercise 3

Exercise 3 is a 4-measure exercise in 4/4 time. The top staff is in bass clef with a key signature of one flat. It contains two measures of eighth-note patterns. The first measure has a sequence of eighth notes: B-flat, A, G, F, E, D, C, B-flat. The second measure has a sequence: A, G, F, E, D, C, B-flat, A. Slap techniques are indicated by 'S' and 'LS' below the notes. The bottom staff is a single line with a treble clef and a key signature of one flat. It contains two measures of rests, each marked with a '0' and an 'x'.

Exercise 4

Exercise 4 is a 4-measure exercise in 4/4 time. The top staff is in bass clef with a key signature of one flat. It contains two measures of eighth-note patterns. The first measure has a sequence of eighth notes: B-flat, A, G, F, E, D, C, B-flat. The second measure has a sequence: A, G, F, E, D, C, B-flat, A. Slap techniques are indicated by 'S' and 'LS' below the notes. The bottom staff is a single line with a treble clef and a key signature of one flat. It contains two measures of rests, each marked with a '0' and an 'x'.

Exercise 5

Exercise 5 is a 4-measure exercise in 4/4 time. The top staff is in bass clef with a key signature of one flat. It contains two measures of eighth-note patterns. The first measure has a sequence of eighth notes: B-flat, A, G, F, E, D, C, B-flat. The second measure has a sequence: A, G, F, E, D, C, B-flat, A. Slap techniques are indicated by 'S' and 'LS' below the notes. The bottom staff is a single line with a treble clef and a key signature of one flat. It contains two measures of rests, each marked with a '0' and an 'x'.

Exercise 6

Exercise 6 is a 4-measure exercise in 4/4 time. The top staff is in bass clef with a key signature of one flat. It contains two measures of eighth-note patterns. The first measure has a sequence of eighth notes: B-flat, A, G, F, E, D, C, B-flat. The second measure has a sequence: A, G, F, E, D, C, B-flat, A. Slap techniques are indicated by 'S' and 'LS' below the notes. The bottom staff is a single line with a treble clef and a key signature of one flat. It contains two measures of rests, each marked with a '0' and an 'x'.

Pattern 37 42 Drumbeat 1 84

E

Pattern 38 43 Drumbeat 1 84

E

Pattern 39 44 Drumbeat 1 84

E

Pattern 40 45 Drumbeat 1 84

Em

Pattern 41 46 Drumbeat 1 84

Em

Pattern 42 47 Drumbeat 1 84

Em

Pattern 43 48 Drumbeat 1 84

Em

P S LS S LS S LS S LS P S S LS S LS S LS S LS

9 7 7 5 5 7 0 x 0 x 0 x 0 0 x 5 7 7 5 5 7 0 x 0 x 0 x 0 0 x

Pattern 44 49 Drumbeat 3 86

Em

S LS S LS S LS S LS S S LS S LS S LS S

0 0 x 0 x 0 0 x 0 x 0 0 0 x 0 x 0 0 x 0

Pattern 45 50 Drumbeat 3 86

Em

S LS S LS S LS S LS S LS S LS

0 0 x 0 0 0 x 0 0 0 x 0 0 0 x 0 x

Pattern 46 51 Drumbeat 3 86

Em

S LS S S LS S LS S S LS S

0 x 0 x 0 0 5 7 0 5 0 x 0 x 0 0 3 0 6 7 5

Pattern 47 52 Drumbeat 3 86

Em

S LS S LS S LS S P S S LS S LS S LS P S P

0 x 0 x 0 x 5 7 5 7 0 x 0 x 0 x 7 5 0 5 7 5

Pattern 48 53 Drumbeat 1 84

A

S LS S LS S S S LS S LS S

0 x 0 0 x 5 7 5 3 3 0 0 x 0 0 x 5 7 3 5 3

PART THREE

Exercises combining the left hand slap, muted slap and muted pop, index finger pop and the thumb slap techniques

Exercise 1

Exercise 1 is a 4/4 bass line exercise. The notation consists of two staves: a bass staff and a guitar staff. The bass staff contains a sequence of eighth and sixteenth notes, with some notes marked with an 'x' to indicate a muted sound. The guitar staff contains a sequence of chords and single notes, with some notes marked with an 'x' to indicate a muted sound. The exercise is divided into two measures, each containing two measures of music. The notation is as follows:

Bass staff: S LS S P S LS S P S LS S MP S LS S MP

Guitar staff: 2 2 2 2 x x x x

Exercise 2

Exercise 2 is a 4/4 bass line exercise. The notation consists of two staves: a bass staff and a guitar staff. The bass staff contains a sequence of eighth and sixteenth notes, with some notes marked with an 'x' to indicate a muted sound. The guitar staff contains a sequence of chords and single notes, with some notes marked with an 'x' to indicate a muted sound. The exercise is divided into two measures, each containing two measures of music. The notation is as follows:

Bass staff: S LS S P S LS S P S LS S MP S LS S MP

Guitar staff: 2 2 x x

Exercise 3

Exercise 3 is a 4/4 bass line exercise. The notation consists of two staves: a bass staff and a guitar staff. The bass staff contains a sequence of eighth and sixteenth notes, with some notes marked with an 'x' to indicate a muted sound. The guitar staff contains a sequence of chords and single notes, with some notes marked with an 'x' to indicate a muted sound. The exercise is divided into two measures, each containing two measures of music. The notation is as follows:

Bass staff: S LS S P S LS S P S LS S MP S LS S MP

Guitar staff: 2 2 x x

Exercise 4

Exercise 4 is a 4/4 bass line exercise. The notation consists of two staves: a bass staff and a guitar staff. The bass staff contains a sequence of eighth and sixteenth notes, with some notes marked with an 'x' to indicate a muted sound. The guitar staff contains a sequence of chords and single notes, with some notes marked with an 'x' to indicate a muted sound. The exercise is divided into two measures, each containing two measures of music. The notation is as follows:

Bass staff: S P S LS S P S LS S S MP S LS S MP S LS S

Guitar staff: 2 2 x x

Exercise 5

Exercise 5 is a 4/4 bass line exercise. The notation consists of two staves: a bass staff and a guitar staff. The bass staff contains a sequence of eighth and sixteenth notes, with some notes marked with an 'x' to indicate a muted sound. The guitar staff contains a sequence of chords and single notes, with some notes marked with an 'x' to indicate a muted sound. The exercise is divided into two measures, each containing two measures of music. The notation is as follows:

Bass staff: S LS S LS S P S LS S P S LS S LS S MP S LS S MP

Guitar staff: 2 2 x x

Exercise 6

Exercise 6 is a 4/4 bass line exercise. The notation consists of two staves: a bass staff and a guitar staff. The bass staff contains a sequence of eighth and sixteenth notes, with some notes marked with an 'x' to indicate a muted sound. The guitar staff contains a sequence of chords and single notes, with some notes marked with an 'x' to indicate a muted sound. The exercise is divided into two measures, each containing two measures of music. The notation is as follows:

Bass staff: S LS S LS S LS S P S LS S P S LS S LS S LS S MP S LS S MP

Guitar staff: 2 2 x x

PART FOUR *Patterns combining the left hand slap, muted slap and muted pop, index finger pop and the thumb slap techniques*

Patterns combining the left hand slap, muted slap and muted pop, index finger pop and the thumb slap techniques

Pattern 49 **54** **Drumbeat 2** **85**

Pattern 49 **54** **Drumbeat 2** **85**

Em

Pattern 50 **55** **Drumbeat 2** **85**

Em

S LS MS P MP S MP S S LS MS P MP S MP S

0 5 7 5 7 5 7 0 5 7 5 7

Pattern 51 **56** **Drumbeat 1** **84**

Pattern 51 **Drumbeat 1**

Em

S LS S LS S S LS S LS S S P S

5 7 0 0 x 0 x 0 3 5 7 5 5 7 0 0 x 0 x 0 5 7 0 5

Pattern 52 **57** **Drumbeat 1** **84**

Pattern 52 Drums 1

Em D A

S LS S LS S P S S P MS S P MS MP S P MS S P

5 7 0 0 x 0 x 0 5 7 0 5 7 x 7 x 5 x 7 0

Pattern 53 **58** **Drumbeat 1** **84**

Em D Em

Pattern 54 **59** **Drumbeat 1** **84**

Drumbeat 2

Am

S P⁶ S P S MS S S P⁶ S P S LS S

3 4 5 3 5 x 3 5 3 4 5 3 0 0 x 0

Drumbeat 1

Drumbeat 1 Drumbeat 3

Am 3

Em 3

S LS MP MS S MP S S LS MP MS S MP S

0 0 x x 5 5 7 5 7 0 0 x x 5 5 7 5 7

Drumbeat 2 85

Em

S P S LS S LS S LS S MP S P S S LS S P⁶ S P S

5 7 7 0 x 0 x 0 x 0 0 5 7 7 0 x 5 6 7

Drumbeat 1

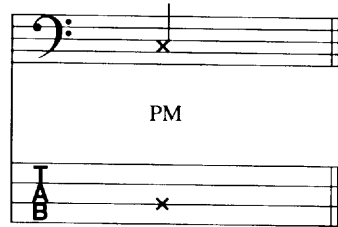
Em

S MP S MP S MP S MP S LS S LS S S S MP S MP S MP S MP S P 9 7 7 7 9 .

TAB 5 7 x 5 7 x 5 7 x 5 7 x 0 x 0 x 0 0 5 7 x 5 7 5 7 x 5 7 x 0 9 7 7 7 9 .

Section E

Palm Mute (PM)



Partially mute the strings with the palm of your right hand.



Part 1 *Exercises to develop the palm mute technique*

Part 2 *Patterns using the palm mute technique*

PART ONE

Exercises combining the palm mute, muted slap and muted pop, index finger pop and the thumb slap techniques

Exercise 1

S P PM PM S P PM PM

5 5 5 5

3 5 3 5

Exercise 2

S P S PM MS PM S P S PM MS PM

5 5 5 5

3 5 3 5

Exercise 3

S P MS S PM S PM S P MS S PM S PM

5 5 5 5

3 5 3 5

Exercise 4

S P MS PM S PM S PM S P MS PM S PM S PM

5 5 5 5

3 5 3 5

Exercise 5

S P MS S PM MS PM S P MS S PM MS PM

5 5 5 5

3 5 3 5

Exercise 6

S P MS PM S MP S S P MS PM S MP S

5 5 5 5

3 5 3 5

PART TWO

Patterns combining the palm mute, muted slap and muted pop, index finger pop and the thumb slap techniques

Pattern 61 66 Drumbeat 1 84

Em

S P PM S P PM S P S LS S LS S S P PM S P PM P S P

7 x 9 x 0 7 x 9 9 7 7 0

5 x 7 x 5 7 0 x 0 x 0 5 x 7 x

Pattern 62 67 Drumbeat 1 84

C C# D C#

S P PM S P PM S P PM S P PM S P PM S P PM

5 x x x 5 x 6 x 7 x x x 7 x 6 x

3 x x x 3 x 4 x 5 x x x 5 x 4 x

Pattern 63 68 Drumbeat 1 84

D G

S P MS S P PM S P MS S P S P MS S P PM MS P MS P S

7 7 x 7 7 5 5 x 3 4 3 5

5 x 5 x 5 x 5 3 x 3 x x x

Pattern 64 69 Drumbeat 1 84

D C

S P MS PM MS P P S S P MS PM MS P P S

7 5 x 5 7 5 5 7 5 3 x 3 5 3 5

5 x x x 5 x 5 7 3 x x x 3 5

Pattern 65 70 Drumbeat 1 84

D A

S PM MS PM MS PM MS PM MS P S 3 P S P S P S PM MS PM MS P MS P S 3 P S P S P

x x x x 5 4 4 5 5 6 6 x x x 9 7 4 4 5 5 6 6

5 x x x x 2 3 4 5 x x x 2 3 4

Pattern 66 71 Drumbeat 1 84

C D Em C D Em

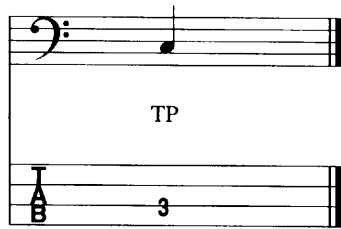
S 3 P S 3 P S P PM PM MS P S 3 P S 3 P S

5 5 7 7 9 x 7 9 5 5 7 7 S

0 3 0 5 7 x x 0 3 0 5 0 0 0

Section F

Thumb Pop (TP)



Pop the string with the thumb by pulling it up then releasing it so that it rebounds against the fretboard.



Part 1 *Exercises to develop the thumb pop technique*

Part 2 *Patterns using the thumb pop technique*

PART ONE

Exercises combining the thumb pop and the thumb slap techniques

Exercise 1

Exercise 1 is a musical exercise in 4/4 time. The top staff is a bass clef with a key signature of one flat (B-flat). The melody consists of eighth notes, with the first two measures marked 'S' (thumb pop) and the next two marked 'TP' (thumb slap). The bottom staff is a guitar fretboard diagram with open strings (0) and fretted notes (0) corresponding to the melody.

Exercise 2

Exercise 2 is a musical exercise in 4/4 time. The top staff is a bass clef with a key signature of one flat (B-flat). The melody consists of eighth notes, with the first two measures marked 'S' (thumb pop) and the next two marked 'TP' (thumb slap). The bottom staff is a guitar fretboard diagram with open strings (0) and fretted notes (0) corresponding to the melody.

Exercise 3

Exercise 3 is a musical exercise in 4/4 time. The top staff is a bass clef with a key signature of one flat (B-flat). The melody consists of eighth notes, with the first two measures marked 'S' (thumb pop) and the next two marked 'TP' (thumb slap). The bottom staff is a guitar fretboard diagram with open strings (0) and fretted notes (0) corresponding to the melody.

Exercise 4

Exercise 4 is a musical exercise in 4/4 time. The top staff is a bass clef with a key signature of one flat (B-flat). The melody consists of eighth notes, with the first two measures marked 'S' (thumb pop) and the next two marked 'TP' (thumb slap). The bottom staff is a guitar fretboard diagram with open strings (0) and fretted notes (0) corresponding to the melody.

Exercise 5

Exercise 5 is a musical exercise in 4/4 time. The top staff is a bass clef with a key signature of one flat (B-flat). The melody consists of eighth notes, with the first two measures marked 'S' (thumb pop) and the next two marked 'TP' (thumb slap). The bottom staff is a guitar fretboard diagram with open strings (0) and fretted notes (0) corresponding to the melody.

Exercise 6

Exercise 6 is a musical exercise in 4/4 time. The top staff is a bass clef with a key signature of one flat (B-flat). The melody consists of eighth notes, with the first two measures marked 'S' (thumb pop) and the next two marked 'TP' (thumb slap). The bottom staff is a guitar fretboard diagram with open strings (0) and fretted notes (0) corresponding to the melody.

Exercise 7

Exercise 7 is a musical exercise in 4/4 time, featuring a bass clef and a key signature of one flat (B-flat). The melody consists of four measures, each containing a triplet of eighth notes followed by a quarter note. The notes are G2, F2, E2, and D2. Below the staff, the fingering is indicated as S TP S TP S for the first two measures and S TP S TP S for the last two measures. The bass line consists of a single note, G2, in each measure, with a triplet of eighth notes indicated above the note in the first two measures and a triplet of eighth notes indicated below the note in the last two measures.

Exercise 8

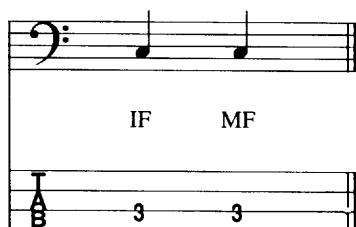
Exercise 8 is a musical exercise in 4/4 time, featuring a bass clef and a key signature of one flat (B-flat). The melody consists of eight measures, each containing a triplet of eighth notes followed by a quarter note. The notes are G2, F2, E2, and D2. Below the staff, the fingering is indicated as S TP S TP for the first four measures and S TP S TP for the last four measures. The bass line consists of a single note, G2, in each measure, with a triplet of eighth notes indicated above the note in the first four measures and a triplet of eighth notes indicated below the note in the last four measures.

Exercise 9

Exercise 9 is a musical exercise in 4/4 time, featuring a bass clef and a key signature of one flat (B-flat). The melody consists of four measures, each containing a triplet of eighth notes followed by a quarter note. The notes are G2, F2, E2, and D2. Below the staff, the fingering is indicated as S TP S TP S for the first two measures and S TP S TP S for the last two measures. The bass line consists of a single note, G2, in each measure, with a triplet of eighth notes indicated above the note in the first two measures and a triplet of eighth notes indicated below the note in the last two measures.

Section G

Index (IF) and Middle Finger (MF) Slap



Slap the string with the index or middle finger.



Part 1 *Exercises to develop the index and middle finger slap technique*

Part 2 *Patterns using the index and middle finger slap technique*

PART ONE

Exercises combining the index finger slap and middle finger slap, muted slap and muted pop, index pop and thumb slap techniques

Exercise 1

Exercise 1 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains two measures of eighth-note patterns. The first measure has a melodic line starting on G2 and ascending to D3, with dynamics MF and IF. The second measure has a descending line from D3 to G2, also with MF and IF. The bottom staff is in bass clef and contains two measures of whole notes, all marked with a '0'.

Exercise 2

Exercise 2 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains two measures of eighth-note patterns. The first measure has a melodic line starting on G2 and ascending to D3, with dynamics MF and IF. The second measure has a descending line from D3 to G2, also with MF and IF. The bottom staff is in bass clef and contains two measures of whole notes, all marked with a '0'.

Exercise 3

Exercise 3 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains two measures of eighth-note patterns. The first measure has a melodic line starting on G2 and ascending to D3, with dynamics MF and IF. The second measure has a descending line from D3 to G2, also with MF and IF. The bottom staff is in bass clef and contains two measures of whole notes, all marked with a '0'.

Exercise 4

Exercise 4 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains two measures of eighth-note patterns. The first measure has a melodic line starting on G2 and ascending to D3, with dynamics MF and IF. The second measure has a descending line from D3 to G2, also with MF and IF. The bottom staff is in bass clef and contains two measures of whole notes, all marked with a '0'.

Exercise 5

Exercise 5 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains two measures of eighth-note patterns. The first measure has a melodic line starting on G2 and ascending to D3, with dynamics MF and IF. The second measure has a descending line from D3 to G2, also with MF and IF. The bottom staff is in bass clef and contains two measures of whole notes, all marked with a '0'.

Exercise 6

Exercise 6 is a two-staff musical exercise in 4/4 time. The top staff is in bass clef and contains two measures of eighth-note patterns. The first measure has a melodic line starting on G2 and ascending to D3, with dynamics MF and IF. The second measure has a descending line from D3 to G2, also with MF and IF. The bottom staff is in bass clef and contains two measures of whole notes, all marked with a '0'.

Exercise 7

Exercise 7

The musical score for Exercise 7 consists of two staves. The top staff is a bass line in 4/4 time, starting on a low C (two ledger lines below the staff) and moving up stepwise to a G (first line). It includes various rests and ties. The bottom staff is a guitar line, starting on a low E (open string) and moving up stepwise to a G (first line). It includes various rests and ties. The exercise is divided into two measures by a double bar line. The first measure contains the first four notes of the bass line and the first four notes of the guitar line. The second measure contains the remaining notes of the bass line and the remaining notes of the guitar line.

IF MF IF MF MF IF MF IF MF IF MF IF MF MF IF MF

5 5 5 5 5 8 7 6

3 3 3 3 3 6 5 5 4

Exercise 8

Exercise 8

The exercise is written for bass and guitar. The bass line is in 4/4 time, starting on a low C (two ledger lines below the staff) and moving through a series of eighth and quarter notes. The guitar line is in standard tuning, with fret numbers indicated below the staff. The piece is divided into two measures by a double bar line. The first measure contains 10 notes, and the second measure contains 10 notes. The notes are: C2, D2, E2, F2, G2, A2, B2, C3, D3, E3. The fret numbers are: 3, 3, 3, 5, 3, 3, 3, 3, 8, 6.

MF MF IF MF IF MF MF IF MF MF MF IF MF MF MF IF MF

5 5 8 6

3 3 3 3 3 3 3 3 6 5 5 5

Exercise 9

Exercise 5

The musical score for Exercise 5 consists of two staves. The top staff is a bass line in 4/4 time, starting on a low E (E2) and ending on a low E (E2). It features a series of eighth and sixteenth notes, with some notes beamed together. The bottom staff is a guitar line, starting on a low E (E2) and ending on a low E (E2). It features a series of eighth and sixteenth notes, with some notes beamed together. The guitar line includes a double bar line and a repeat sign at the end.

MF MF IF MF IF MF MF MF IF MF IF MF MF IF MF IF MF MF IF MF IF

5 5 8 6

3 3 3 3 3 3 3 3 3 3 3 3 3 6 6 5 5 5 4

PART TWO

Patterns combining the index finger slap and middle finger slap, muted slap and muted pop, index pop and thumb slap techniques

Pattern 73 78 Drumbeat 1 84

Am

Musical notation for Pattern 73 in 4/4 time, Am chord. The staff shows a bass line with notes and rests, and a guitar line with fret numbers. The notation includes dynamic markings (MF) and fingerings (IF, MF).

MF MF IF MF MF MF MF IF MF

3 5 5 5 5 0 3 5 0 5 5 3 3

Pattern 74 79 Drumbeat 1 84

E

Musical notation for Pattern 74 in 4/4 time, E chord. The staff shows a bass line with notes and rests, and a guitar line with fret numbers. The notation includes dynamic markings (MF, IF) and fingerings (IF, MF).

MF IF MF IF MF IF MF IF MF IF MF IF

5 7 0 0 3 0 5 7 0 0 5 7 5 7 0 0 3 0 5 7

Pattern 75 80 Drumbeat 1 84

Am

Musical notation for Pattern 75 in 4/4 time, Am chord. The staff shows a bass line with notes and rests, and a guitar line with fret numbers. The notation includes dynamic markings (MF, IF, LS, MS) and fingerings (IF, MF, LS, MS).

MF IF MF IF MF MF IF LS MF LS MS IF MF IF MF MS IF MF

0 0 5 7 5 7 5 7 0 0 x 0 x 0 0 5 7 5 7 5 7 x 5 7

Pattern 76 81 Drumbeat 1 84

A

D

G

A

Musical notation for Pattern 76 in 4/4 time, A, D, G, and A chords. The staff shows a bass line with notes and rests, and a guitar line with fret numbers. The notation includes dynamic markings (MF, IF, P, S) and fingerings (IF, MF, P, S).

MF IF P S MF IF P S S P MS S P MS P S P MS S P

0 0 7 9 9 0 0 5 7 7 3 x 3 x 5 x 5

Pattern 77 82 Drumbeat 1 84

Am

C

Bm

Musical notation for Pattern 77 in 4/4 time, Am, C, and Bm chords. The staff shows a bass line with notes and rests, and a guitar line with fret numbers. The notation includes dynamic markings (MF, IF, P, S) and fingerings (IF, MF, P, S).

MF IF P S MF IF P S S P MS S P MS P S P MS P

0 0 5 7 5 7 0 0 7 9 9 3 x 3 x 9 9 x 7

Pattern 78 83 Drumbeat 1 84

Am

G

Am

Musical notation for Pattern 78 in 4/4 time, Am, G, and Am chords. The staff shows a bass line with notes and rests, and a guitar line with fret numbers. The notation includes dynamic markings (MF, IF, P, S) and fingerings (IF, MF, P, S).

MF IF P S MF IF P S MF IF MF IF MF

0 0 5 7 5 7 0 0 7 9 9 0 0 3 5 3 0 0 5 7 7